

Creating a treatment routine

KINIKSA
oneconnect[®]

Treatment with ARCALYST[®] (rilonacept) revolves around your weekly injection process. We recommend these tips to help ensure a regular injection schedule and promote positive treatment habits. Be sure to discuss any questions you may have about treatment with your doctor.



Inject at the same time, every time

Injecting ARCALYST at the same time each week can help you remember to take your medication.

- ✓ You can record each injection using the **ARCALYST injection tracker provided in your ARCALYST starter kit.**
- ✓ You can set reminders or use apps on your smartphone or other devices to help stick to a weekly injection schedule.
- ✓ Consider giving yourself an injection before or after an activity you perform every week such as watching a TV show or doing laundry.

You can also learn more about the treatment process by watching the [injection training video](#).

INDICATION

ARCALYST is indicated for the treatment of Recurrent Pericarditis (RP) and reduction in risk of recurrence in adults and pediatric patients 12 years and older.

IMPORTANT SAFETY INFORMATION

- ARCALYST may affect your immune system and can lower the ability of your immune system to fight infections. Serious infections, including life-threatening infections and death, have happened in patients taking ARCALYST. If you have any signs of an infection, call your doctor right away. Treatment with ARCALYST should be stopped if you get a serious infection. You should not begin treatment with ARCALYST if you have an infection or have infections that keep coming back (chronic infection).

Please see additional Important Safety Information below and [full Prescribing Information](#).

Find a comfortable place

Preparing a space meant specifically for your injection may help you relax and properly focus on your treatment.

- ✓ Designate a comfortable and clean area free from distractions to inject ARCALYST.
- ✓ Use the **injection placemat provided in your ARCALYST starter kit** to create a surface for preparing your injection.
- ✓ Keep ARCALYST in the same spot in the refrigerator to make finding your medication easier.



We're here to help. If you have any questions, don't hesitate to contact the Kiniksa OneConnect support program team.

1-833-KINIKSA (1-833-546-4572) • Monday-Friday (8 AM-8 PM ET)

Learn more about our personalized treatment support at **[KiniksaOneConnect.com](https://www.kiniksaoneconnect.com)**

IMPORTANT SAFETY INFORMATION (continued)

- While taking ARCALYST, do not take other medicines that block interleukin-1, such as Kineret® (anakinra), or medicines that block tumor necrosis factor, such as Enbrel® (etanercept), Humira® (adalimumab), or Remicade® (infliximab), as this may increase your risk of getting a serious infection.
- Talk with your doctor about your vaccine history. Ask your doctor whether you should receive any vaccines before you begin treatment with ARCALYST.
- Medicines that affect the immune system may increase the risk of getting cancer.
- Stop taking ARCALYST and call your doctor or get emergency care right away if you have any symptoms of an allergic reaction.
- Your doctor will do blood tests to check for changes in your blood cholesterol and triglycerides.
- In patients with recurrent pericarditis, common side effects include injection-site reactions, which may include pain, redness, swelling, itching, bruising, lumps, inflammation, skin rash, blisters, warmth, and bleeding at the injection site, and upper respiratory tract infections.

For more information about ARCALYST, speak with your doctor and see full Prescribing Information.



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